

# Ethical Considerations in Working with Adolescents

FREE Live Virtual Course

November 7th  
1 pm – 4:15 pm EST

3 Psychologist and Social Work CE Credits  
Available for a \$20 fee at time of registration

Presented by:



Register: [www.ihs-trainet.com/training](http://www.ihs-trainet.com/training)

## Ethical Considerations in Working with Adolescents

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Ethical decision-making is particularly challenging when working with clients who are adolescents. Legal rights, ethical concerns, and guidelines change as your client ages. A 10-year-old is a child in every legal and developmental sense of the word. As puberty happens the individual's cognitive abilities, education and life experiences impact their decision-making capacity. Depending on the country or state you work in, laws vary around privacy, right to give or withhold consent, driving, alcohol use, school attendance, parent's rights, responsibilities, and more. By 18 or 21 most governments recognize individuals as legal adults. Science tells us that full developmental growth continues until our mid-twenties. This workshop will focus on ethical decision-making and resources to support the professional in that process. The critical role of consultation with colleagues and experts in the field as a standard of ethical professional behavior will be explored. Creating a thought-out approach for ethical decision-making ensures that you are supporting your clients the best you can as they move through adolescence to adulthood.

This intermediate level course is appropriate for psychologists, social workers, counselors, and other helping professionals who work with adolescents in their practice.

### Participants will be able to:

1. Describe the framework of ethical and legal guidelines that impact professionals working with adolescents.
2. Describe the importance of identifying the "client" and the "role" of the professional in any interaction with a family group and the impact this has on ethical guidelines.
3. Utilize communication strategies with their clients and families to prevent, assess and manage ethical dilemmas.
4. Develop a plan regarding professional consultation to address ethical dilemmas.

### Continuing Education Credits



The Institute for Human Services is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The Institute for Human Services maintains responsibility for this program and its contents.



The Institute for Human Services, #1802, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. States and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The Institute for Human Services maintains responsibility for this course.

### This training is approved for 3 Psychologist and Social Work CE credits.

**Note:** This course is offered in Zoom. A few days prior to the session you will receive connectivity instructions via email. **You must attend the whole session, remain on camera, complete an evaluation and pay the fee to receive CE credit for this course.**

**Questions?** Email [training@ihs-trainet.com](mailto:training@ihs-trainet.com) or contact our office at 614-251-6000 Monday through Friday between 9 a.m. and 5 p.m. EST. If you need additional accessibility supports, please contact us in advance of the training to make necessary arrangements. [View our Grievance and Refund Policy.](#)

### About the Trainer:



**Laura Gaines, MSW, LISW-S.** Laura is a trainer and researcher with a current focus on resilience as an individual and community skill. She has been an Ohio Child Welfare Training Program trainer and curriculum developer for over 20 years. Laura has served as a volunteer on the Crisis Text Line since April 2020.

Her career experiences include being a child and adolescent therapist for over 20 years, and 15 years working with children and adults who have developmental disabilities, thus providing thousands of opportunities to work with clients and their families in moments of crisis. Laura has specialized training in Trauma Informed Care and presented at the 2021 Ohio Children's Alliance conference: Eighth Annual Trauma Informed Care Summit. Her trainings focus on child development, mental health, developmental disabilities, ethics, trauma informed care, resilience, and each person's individual solutions to their life's challenges.