

# Working with Families Impacted by Parental Depressive Disorders

Live Virtual Course

October 23rd or December 4th  
1 pm – 3:00pm EDT

2 Psychologist and Social Work CE Credits  
Available for a \$15 fee at time of registration

Presented by:

 Institute for  
Human Services

Register: [www.ihs-trainet.com/training](http://www.ihs-trainet.com/training)

## Working with Families Impacted by Parental Depressive Disorders

October 23rd from 1–3:00 EDT  
December 4th from 1–3:00 EST

When parents suffer from mental illness, the entire family is impacted. This training explores the effect on children when their parents have a Depressive Disorder mental health diagnosis. Participants will also engage in an exercise to help them have greater empathy for parents who struggle with Depressive Disorders. This training offers practical recommendations on how to facilitate support and change for parents who may struggle with their symptoms. Participants will also develop informal action plans to assist them in their own professional work with families.

This intermediate level training is designed to support caseworkers, social workers, counselors, psychologists, and other helping professionals who are working alongside families impacted by a parental diagnosis of a Depressive Disorder. This informative session will include didactic lecture, as well as group interaction, personal reflection, and a time for Q & A.

### Participants will be able to:

- **Describe** at least 5 key effects a Depressive Disorder may have on a parent's ability to parent.
- **Identify** at least 3 core strategies to work more effectively with families impacted by a parental diagnosis of a Depressive Disorder.
- **Develop** an action plan to assist them in their work with families impacted by a parental diagnosis of Depressive Disorder.

### Continuing Education Credits



The Institute for Human Services is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The Institute for Human Services maintains responsibility for this program and its contents.



Institute for Human Services, provider #1802, is approved as an ACE provider to offer social work continuing

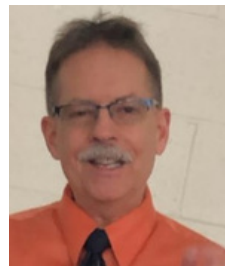
education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 03/25/2023 – 03/25/2026.



**Note:** This course is offered via Zoom. A few days prior to the session you will receive connectivity instructions via email. **To earn CE credits, participants must attend session in its entirety, remain on camera, complete an evaluation, and pay the \$15 CE fee at time of registration.**

**Questions?** Email [training@ihs-trainet.com](mailto:training@ihs-trainet.com) or contact our office at 614-251-6000 Monday through Friday between 9 a.m. and 5 p.m. EDT. If you need additional accessibility supports, please contact us in advance of the training to make necessary arrangements. [View our Grievance and Refund Policy.](#)

### About the Trainer



#### Jim Still-Pepper, MA, LSW

Jim Still-Pepper is the Director of Community Based Clinical Services at Allwell Behavioral Health Services Inc., a community mental health center where he has worked for over 3 decades striving to get clinical services out of the centers, and into the community.

Jim is the founder of Still Light Seminars LLC, a motivational training and consulting company; he has trained nationally and internationally focusing on the mental health and care of children and adolescents.

He is also an adjunct instructor in Ashland University's Founders School of Continuing Education. He develops online courses around behavioral interventions and understanding the mental health of students.

Jim has also authored or co-authored 7 books and has written almost 100 articles. On a side note, he has had numerous poems published, and his artwork and photography have appeared in galleries, magazines, and on greeting cards.

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