

# Ethical Considerations in Working with Adolescents

## 3-Hour, Self-Guided Video Training

General or Ethics Psychologist CE Credits Available  
Course (\$15) or Course with 3 CE's (\$20)

Presented by:



Register: [www.ihs-trainet.com/training](http://www.ihs-trainet.com/training)

## Ethical Considerations in Working with Adolescents

**Date Created: July 10, 2023**  
**Video Recorded: November, 2022**

Ethical decision-making is particularly challenging when working with clients who are adolescents. Legal rights, ethical concerns, and guidelines change as your client ages. A 10-year-old is a child in every legal and developmental sense of the word. As puberty happens the individual's cognitive abilities, education and life experiences impact their decision-making capacity. Depending on the country or state you work in, laws vary around privacy, right to give or withhold consent, driving, alcohol use, school attendance, parent's rights, responsibilities, and more. By 18 or 21 most governments recognize individuals as legal adults. Science tells us that full developmental growth continues until our mid-twenties.

This workshop will focus on ethical decision-making and resources to support the professional in that process. The critical role of consultation with colleagues and experts in the field as a standard of ethical professional behavior will be explored. Creating a thought-out approach for ethical decision-making ensures that you are supporting your clients the best you can as they move through adolescence to adulthood.

This intermediate level course is appropriate for psychologists, social workers, counselors, and other helping professionals who work with adolescents in their practice.

### Participants will be able to:

1. Describe the framework of ethical and legal guidelines that impact professionals working with adolescents.
2. Describe the importance of identifying the "client" and the "role" of the professional in any interaction with a family group and the impact this has on ethical guidelines.
3. Utilize communication strategies with their clients and families to prevent, assess and manage ethical dilemmas.
4. Develop a plan regarding professional consultation to address ethical dilemmas.

### About the Trainer:



#### Laura Gaines, MSW, LISW-S.

Laura is a trainer and researcher with a current focus on resilience as an individual and community skill. She has been an Ohio Child Welfare Training Program trainer and curriculum developer for over 20

years. Laura has served as a volunteer on the Crisis Text Line since April 2020.

Her career experiences include being a child and adolescent therapist for over 20 years, and 15 years working with children and adults who have developmental disabilities, thus providing thousands of opportunities to work with clients and their families in moments of crisis. Laura has specialized training in Trauma Informed Care and presented at the 2021 Ohio Children's Alliance conference: Eighth Annual Trauma Informed Care Summit. Her trainings focus on child development, mental health, developmental disabilities, ethics, trauma informed care, resilience, and each person's individual solutions to their life's challenges.



### Continuing Education Credits

The Institute for Human Services is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The Institute for Human Services maintains responsibility for the program and its contents.



**Course Delivery Method:** This is an on-demand, non-interactive, self-paced video course which includes downloadable course materials and note-taking resources.

**Course Registration:** To register visit <https://www.ihs-trainet.com/ethical-considerations>

**Refund and Cancellation Policy:** Once an asynchronous course has been started, no refunds will be issued. See our [Grievance Policy](#).

**System Requirements:** If you should have questions regarding technology requirements, please follow this [link](#).

**Course Accessibility:** Once you have completed the course registration and payment process, you will receive instructions on how to access your on-demand course.

**Course completion requirements:** All participants must watch the course in its entirety, complete a post-test, and pass with at least an 80% score. You have 3 chances to achieve the passing score.

**Post-Test and Evaluation:** Upon course completion, post-tests and evaluations will be completed on the training platform.

**Certificate:** You will receive your certificate of completion or credit via email within one week of completing your course and submitting your course evaluation.

**Contact information for questions/concerns:** Please contact the Continuing Education Administrator (Mike Nowlin, MSSA, LISW-S) at the Institute for Human Services to address any concerns, or if you have additional questions. He can be reached at [mnowlin@ihs-trainet.com](mailto:mnowlin@ihs-trainet.com), by mail at 1706 E Broad Street, Columbus, OH 43203, or call IHS at 614-251-6000.

*There is no known commercial support for this program.*

