

# Non-Suicidal Self Injury in Children and Teens

Live Virtual Course – September 11, 2024 from 1:00 – 4:15 pm EDT

3 Social Work CE Credits Available  
Course only (\$15) or Course with 2 CE's (\$25)

Presented by:



Register: [www.ihst-trainet.com/training](http://www.ihst-trainet.com/training)

## Non-Suicidal Self Injury in Children and Teens

**3 hr. virtual session  
September 11, 2024 from 1-4:15pm EDT**

Note: This course material has previously been trained as part of the 6-hour Self-Harm in Children and Teens course.

This 3-hour online interactive course is written for social workers, psychologists, and other clinicians who are assessing the needs of children with significant safety concerns in the areas of self-harm to include SIB (self-injurious behavior), eating disorders (anorexia and bulimia), and NSSI (Non-Suicidal Self Injury). We will review the characteristics, and behavioral indicators of these along with their accompanying predictors and diagnosis in this intermediate level course. Current research on best practice for treatment will be reviewed. The research-based concept of Self-Compassion will be introduced as a useful tool in working with these families. This will be an interactive online session with an opportunity for questions.

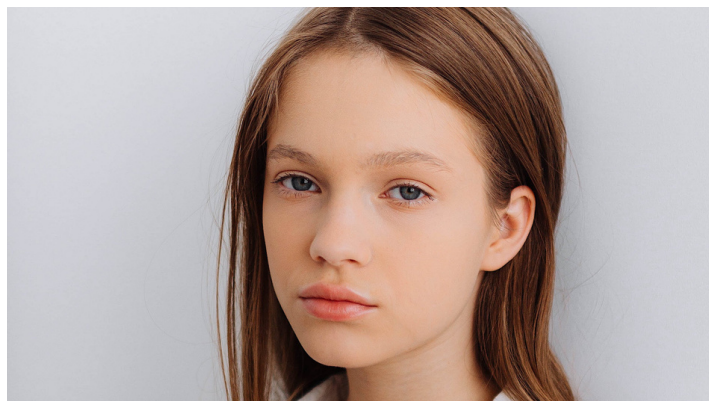
### Participants will be able to:

#### Objectives:

- Define Non-Suicidal Self Injury including disordered eating.
- Identify self-injurious behavior as seen in individuals with autism spectrum disorders and other developmental disabilities.
- Describe the core ideas in Self-Compassion.
- Equip themselves with resources to support the clinical needs of their clients.

### This training is approved for 3 Social Work CE credits.

Note: This course is offered via Zoom for a \$15 training fee or \$25 with 3 CE credits. A few days prior to the session you will receive connectivity instructions via email. To earn CE credits, participants must attend the session in its entirety, remain on camera, complete an evaluation, and pay the training and CE fees at the time of registration.



**Questions?** Email [training@ihst-trainet.com](mailto:training@ihst-trainet.com) or contact our office at 614-251-6000 Monday through Friday between 9 a.m. and 5 p.m. EDT. If you need additional accessibility supports, please contact us in advance of the training to make necessary arrangements.  
**[View our Grievance and Refund Policy.](#)**

### Continuing Education Credits



The Institute for Human Services, Provider #1802, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 03/25/2023 – 03/25/2026.

### About the Trainer:

#### Laura Gaines, MSW, LISW-S



Laura A Gaines, MSW is a Licensed Independent Social Worker and has over 20 years' experience as a mental health clinician treating children and adolescents with a collaborative approach. With a specialization in trauma and anxiety disorders she has in-depth experience with self-harm in children and teens including those with developmental disabilities. She is an engaging trainer who will bring you up to date on current research in the field. Her goal is to provide evidence based, real life, practical assistance to the parents and professionals who are the safety net for our vulnerable children involved in the child welfare system.