

# Suicide Prevention for Children and Teens

Live Virtual Course – February 22, 2024 from 1–4:15 pm EST or April 25, 2024 from 1–4:15 pm EDT

3 Psychologist and Social Work CE Credits Available  
Course Only (\$15) or Course with 3 CE's (\$25)

Presented by:



Register: [www.ihst-trainet.com/training](http://www.ihst-trainet.com/training)

## Suicide Prevention in Children and Teens

**3 hr. virtual session – Select either February 22nd from 1–4:15 pm EST or April 25th from 1–4:15 pm EDT**

Note: This course material has previously been trained as part of the 6-hour Self-Harm in Children and Teens course.

This 3-hour online interactive course is for social workers, psychologists, and other helping professionals who are assessing the needs of children and teens with suicidal ideation. We will review the characteristics and behavioral indicators, along with their accompanying predictors and diagnosis. In this intermediate level training, current research on best practice for treating these behaviors will be reviewed. Participants will practice ways to ask children, teens and their families about risk and protective factors. Key elements in prevention for a variety of populations will be reviewed.

### Participants will be able to:

#### Objectives:

Describe risk factors in suicidal ideation and behaviors in children and teens.

Utilize strategies to ask children, teens, and caregivers about risk and protective factors for suicide.

Equip themselves with suicide prevention resources to support the clinical needs of their clients.

### About the Trainer:



#### Laura Gaines, MSW, LISW-S

Laura A. Gaines, MSW is a Licensed Independent Social Worker with over 20 years' experience as a mental health clinician treating children and adolescents with a broad variety of mental health disorders. With a specialization in trauma and anxiety disorders she frequently assessed for, and supported children and teens with suicidal ideation. She is a volunteer with the texting hotline where she regularly engages with texters to increase their safety. Her goal is to provide evidence based, real life, practical assistance to the parents and professionals who are the safety net for our vulnerable children involved in the child welfare system.



**This training is approved for 3 Social Work and Psychologist CE credits.**

**Note:** This course is offered via Zoom for a \$15 training fee or \$25 with 3 CE credits. A few days prior to the session you will receive connectivity instructions via email. **To earn CE credits, participants must attend the session in its entirety, remain on camera, complete an evaluation, and pay the training and CE fees at the time of registration.**

**Questions?** Email [training@ihst-trainet.com](mailto:training@ihst-trainet.com) or contact our office at 614-251-6000 Monday through Friday between 9 a.m. and 5 p.m. Eastern time. If you need additional accessibility supports, please contact us in advance of the training to make necessary arrangements. **View our Grievance and Refund Policy.**

### Continuing Education Credits



The Institute for Human Services is approved by the **American Psychologist Association (APA)** to sponsor continuing education for psychologist. The Institute for Human Services maintains responsibility for this program and its contents.



The Institute for Human Services, Provider #1802, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 03/25/2023 – 03/25/2026.

