

Supporting Parents of Children with Developmental Disabilities

Live Virtual Course

November 2nd
1 pm – 4:15 pm EDT

3 Psychologist and Social Work CE Credits
Available for a \$20 fee at time of registration

Presented by:

 Institute for
Human Services

Register: www.ihs-trainet.com/training

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Parents of children with developmental disabilities face all the challenges of typical parenting along with many other stressors specific to their child's needs. This can lead to chronic stress resulting in negative impacts on their own health and well-being. For many people this is a life-long journey that impacts all aspects of life: physical, emotional, financial, social, and existential. Children with developmental disabilities have increased vulnerabilities which require their caregivers to understand how to best support their care and treatment. It is therefore critical that human services professionals and caregiving parents work collaboratively to strengthen the internal and external resources of the parents. We will review some of the stressors common to parenting a child with developmental disabilities, how these stressors impact parents, and ways for professionals to be meaningfully supportive to the families they serve. Parents deserve support for their own needs as they are caring for the needs of their child.

This intermediate level course is appropriate for psychologists, social workers, counselors, educators, and other human services professionals working with families who are parenting children with developmental disabilities.

Participants will be able to:

- Describe the common stressors and impact of parenting children with developmental disabilities.
- Utilize a trauma informed, collaborative approach when working with parents of children with disabilities.
- Identify methods to support parents of children with disabilities to improve their health and well-being.

Continuing Education Credits:



The Institute for Human Services is approved by the American Psychologist Association (APA) to sponsor continuing education for psychologist. The Institute for Human Services maintains responsibility for this program and its contents.



Institute for Human Services, Provider #1802, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) Program. Regulatory boards are the final authority on course accepted for continuing education credit. ACE provider approval period: 03/25/2023 - 03/25/2026.



This training is approved for 3 Psychologist and Social Work CE credits.

Note: This course is offered via Zoom. A few days prior to the session you will receive connectivity instructions via email. **To earn CE credits, participants must attend session in its entirety, remain on camera, complete an evaluation, and pay the \$20 CE fee at time of registration.**

Questions? Email training@ihs-trainet.com or contact our office at 614-251-6000 Monday through Friday between 9 a.m. and 5 p.m. EDT. If you need additional accessibility supports, please contact us in advance of the training to make necessary arrangements. [View our Grievance and Refund Policy.](#)

About the Trainer:

Laura Gaines, MSW, LISW-S. Laura is a trainer and researcher with a current focus on resilience as an individual and community skill. She has been an Ohio Child Welfare Training Program trainer and curriculum developer for over 20 years. Laura has served as a volunteer on the Crisis Text Line since April 2020.



Her career experiences include being a child and adolescent therapist for over 20 years, and 15 years working with children and adults who have developmental disabilities, thus providing thousands of opportunities to work with clients and their families in moments of crisis. Laura has specialized training in Trauma Informed Care and presented at the 2021 Ohio Children's Alliance conference: Eighth Annual Trauma Informed Care Summit. Her trainings focus on child development, mental health, developmental disabilities, ethics, trauma informed care, resilience, and each person's individual solutions to their life's challenges.

